



RAWFEEDING REBELS

QUICK GUIDE TO RAW DIETS FOR DOGS

MEAT OFFAL BONE VEG & FRUIT OILY FISH

80% or 70% if feeding veg & fruit in overall diet

10% of the overall diet

10% of overall diet ONLY

10% of the overall diet if so inclined.

2 or 3 meals a week if you feed twice a day.

heart (under 15%)
tripe (under 15%)
tongue, fillets, cheek, skirt, off cuts, lungs, diaphragm, trachea, gizzards, udder, brisket, penis

liver 5%
[important]

plus 5% other offal

kidney, spleen, brain, testicles, pancreas

wings: duck, chicken
ribs: lamb, goat, pork, emu, kangaroo

necks: duck, chicken, turkey, goat, lamb, venison, veal

carcass: chicken, pheasant, quail, duck, rabbit, wood pigeon

vegetable ideas
make sure to include leafy greens: kale, spinach, dandelion leaves, pumpkin, squash, chard, celery, asparagus, green beans, cucumber

fruit ideas
banana, blueberries, raspberries, bilberries, watermelon, apples, cantaloupe

puree veg and fruit

sardines, sprats, herring, trout, mackerel



AVOID
(weight-bearing) bones of large animals, no leg or knuckle bones



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HOW MUCH TO FEED


Adjust where needed either up or down. This is a guide - your dog is an individual with individual needs, keep breed, metabolism and exercise level in mind


adult dogs 2 - 3% of current weight or ideal body weight

puppies
2 - 4 months = 10 - 8% of current body weight
4 - 6 months = 8 - 6% of current body weight
6 - 8 months = 6 - 4% of current body weight
8 - 12 months = 4 - 3% of current body weight



IMPORTANT

 **think variety**
both in terms of meat cuts & meat proteins, do not over rely on 1 meat or protein source long term

 **bones**
be responsible; always supervise, take it nice and easy and get to know your dog, if you have a gulper you might want to consider feeding semi frozen/frozen. Start slow and observe the poo; white/rock hard/straining = too much bone!